

Trinity Area School District

October 2022 - Trinity Elementary Lunch Menu

MENU SUBJECT TO CHANGE



ALL MEALS SERVED WITH MILK CHOICE OF:

1% WHITE, 1% CHOCOLATE

100% Fruit Juice

Earn while your child learns! We are hiring substitute workers. Call 724-223-2000 ext. 7114 Please send checks made payable to Trinity Cafeteria or pay online thru Skyward.



October 03	October 04	October 05	October 06	October 07
Week 5 Soft Tacos Chicken Nuggets w/breadstick Ham and Cheese Sandwich PB&J Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties	Mini Corn Dogs Chicken Nuggets w/breadstick Chicken Salad Entrée PB&J Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties	Big Daddy's Pizza Chicken Nuggets w/breadstick Ham and Cheese Sandwich PB&J Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties	Crispy Chicken Wrap Chicken Nuggets w/breadstick Chicken Salad Entrée PB&J Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties	Fish Sticks w/Grahams Chicken Nuggets w/breadstick Ham and Cheese Sandwich PB&J Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties
October 10	October 11	October 12	October 13	October 14
Week 6 Bosco Sticks w/sauce Chicken Patty Sandwich Turkey and Cheese Sandwich PB&J Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties	French Toast w/yogurt Chicken Patty Sandwich Chicken Salad Entrée PB&J Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties	Yogurt & Fruit Parfait w/granola Chicken Patty Sandwich Turkey and Cheese Sandwich PB&J Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties	Nachos Grande Chicken Patty Sandwich Chicken Salad Entrée PB&J Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties	Pierogies Chicken Patty Sandwich Turkey and Cheese Sandwich PB&J Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties
October 17	October 18	October 19	October 20	October 21
Week 7 Walking Taco Chicken Tenders w/breadstick Ham and Cheese Sandwich PB&J Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties	French Toast w/Sausage Patty Chicken Tenders w/breadstick Chicken Salad Entrée PB&J Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties	Italian Hoagie Chicken Tenders w/breadstick Ham and Cheese Sandwich PB&J Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties	Popcorn Chicken w/Granola Bar Chicken Tenders w/breadstick Chicken Salad Entrée PB&J Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties	Big Daddy's Pizza Chicken Tenders w/breadstick Ham and Cheese Sandwich PB&J Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties
October 24	October 25	October 26	October 27	October 28
Week 1 Walking Taco Hot Dog Turkey and Cheese Sandwich PB&J Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties	Mexican Pizza Hot Dog Chicken Salad Entrée PB&J Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties	Bosco Sticks w/sauce Hot Dog Turkey and Cheese Sandwich PB&J Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties	Mini Cinnamon Rolls & Yogurt Hot Dog Chicken Salad Entrée PB&J Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties	Big Daddy's Pizza Hot Dog Turkey and Cheese Sandwich PB&J Hot and cold vegetable choices Fruit Selections and Juice Assorted Milk Varieties
October 31				
	Apply for FREE and REDUCED Meal Benefits at www.schoolcafe.com Paid Lunch \$3.15 Reduced Lunch \$.40		Students must take the full meal or pay the ala carte price Menu subject to change without notice due to availability Check us out on Facebook or Twitter @tasdfoodservice 724-223-2000 ext. 6504	Breakfast is free for all enrolled students

What is a MEAL?
 You must choose at least 3 of the 5 components available for the school lunch price. A minimum of a 1/2 cup of fruit or vegetable must accompany a reimbursable lunch.
Components are
Meat or Alternative
Grain/Bread
Choice of Vegetable
Choice of Fruit
Milk Selections are
 1% White
 Chocolate

Meals are Grab & Go
 No choices of fruits and vegetables
Fruit May Include
 Oranges, Pineapple, Grapes, Banana, Pears, Peaches, Cantaloupe, Melon, Apples, Strawberries, Fruit Salad, Applesauce, Mixed Fruit, Mandarin Oranges, etc.

Daily Cold Veggies
 May Include
 Carrots, Side Salad, Broccoli, Cole Slaw, Green and Red Peppers, Cucumbers, Cauliflower, Salad, Spinach Salad, Carrots, Side Salad,

Make Payments Skyward or send a check made out to Trinity Cafeteria
 Cash can be lost

IN ACCORDANCE WITH FEDERAL LAW AND U.S. DEPARTMENT OF AGRICULTURE POLICY, THIS INSTITUTION IS PROHIBITED FROM DISCRIMINATING ON THE BASIS OF RACE, COLOR, NATIONAL ORIGIN, SEX, AGE OR DISABILITY. TO FILE A COMPLAINT OF DISCRIMINATION, WRITE USDA, DIRECTOR, OFFICE OF CIVIL RIGHTS, ROOM 326-W, WHITTEN BUILDING, 1400 INDEPENDENCE AVENUE, SW, WASHINGTON, D.C. 20250-9410 OR CALL (202)-720-5964 (VOICE AND TDD). USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.

Questions?? Contact Nicolle Bazant Pleil, Food Service Director (724) 223-2000 ext. 6504 EARN WHILE YOUR CHILD LEARNS...NOW TAKING APPLICATIONS - Cafeteria Substitutes